

Program

8:30 Registration & Exhibits

9:00 Welcome

Evan Sandok, MD
Marshfield Clinic Neurosciences

9:15 Maintaining Emotional Health

Michael Ishii, MD
Dean Medical Center, Madison WI

10:15 Break

10:30 Physical Well-Being: Sleep

Jaime A. Boero, MD
Marshfield Clinic Sleep Medicine Center

11:30 Physical Well-Being: Nutrition

Bone Health — Karen Lapp, NP
Ketogenic/Modified Atkins Diet Treatments
Tammi Timler, RD
Marshfield Clinic Neurosciences

12:30 Lunch

1:30 Maximizing Independence: Seizure Response Dogs

Lindsay Fetters, trainer
Canine Assistants®
Alpharetta, GA

2:00 Smart Medication Management

Mary Ellen Walter, PharmD
Marshfield Clinic

3:00 Break

3:15 New Treatment Options “Ask the Neurologist”

Evan Sandok, MD
Marshfield Clinic Neurosciences

4:30 Adjourn

Topics

Mood Disorders - Children and adults with epilepsy are more likely to experience mood disorders than the general public. The cause of epilepsy (such as head injury or stroke), medications, or emotional and social problems may lead to depression, anxiety or other mental health issues.

Sleep Disorders - Sleep disruption can increase seizure frequency or severity and affect short-term memory, concentration, and mood. Sometimes seizure events or the epilepsy itself is the cause. Learn about the diagnosis and treatment of sleep disorders.

Bone Health - Antiepileptic drugs increase the risk of osteopenia and osteoporosis because of abnormalities of bone metabolism associated with AEDs. It is important for people with epilepsy of all ages to understand these effects and learn good bone health practices.

Diet-based Interventions for Epilepsy -

The ketogenic diet has been shown to control seizures in certain people with epilepsy. It is prescribed by a physician and carefully monitored by a dietitian. The modified Atkins diet has been used successfully to treat epilepsy in some cases.

Seizure Response Dogs - As official service animals, seizure response dogs have assisted individuals with epilepsy by giving them a sense of security, and eliminating feelings of fear and isolation. A representative from a non-profit training center in Georgia will introduce us to a seizure dog and share insight into this service.

Drug Interactions - Seizure medicines interact with each other and with other drugs. The result can be ineffective treatment or dangerous side effects. Careful medication profile review by one's physician or pharmacist may reduce or eliminate interactions.

New Treatment Options - Another step closer to FDA approval, learn where the new surgical treatment studies stand. Then close the day with a conference favorite — time to put questions to Evan Sandok, MD, EFCNW Conference chair and director of the Epilepsy Clinic in Marshfield WI.

Registration *(includes lunch)*

Due by Friday May 1, 2010

Name _____

Address _____

City, State, Zip _____

Phone _____

E-Mail _____

Are you attending this conference primarily for career purposes? [] YES [] NO

If yes, Employer _____

Position _____

[] Neurology [] Other Health Services

[] Social Services [] Educational Services

[] Other _____

Fees *(financial aid may be available)*

[] \$100 Professional

[] \$40 Epilepsy patients or family members

[] \$60 Two people from the same family

[] I wish to give a scholarship for an attendee

(Add \$10 for registrations received after May 1)

_____ Total enclosed

or charge to my credit card below:

Visa or MasterCard accepted by mail or

Fax: 715-341-5713 Phone 715-341-5811

Name _____

Address _____

City, State, Zip _____

Visa/MasterCard # _____

Expiration date _____ CVV Code _____

Mail payment and this form to:

EFCNW

1004 First Street, Suite 5

Stevens Point, WI 54481

Location

New Location for 2010!

The Froehlke Auditorium is located in the Laird Center for Medical Research Building at 1000 North Oak Avenue, directly across from the Marshfield Clinic.

Lodging

Lodging is available with advance reservations for Thursday May 6, 2010 at:

Comfort Inn
144 E. Upham St.
Marshfield, WI
715-387-8691

Cost is \$70.00 per room plus tax

Call by April 28 and ask for the Epilepsy Foundation conference rate.

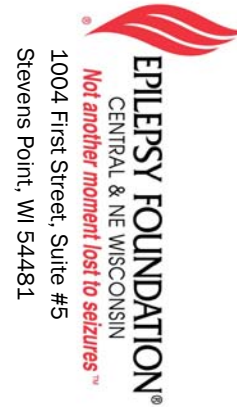
Attendance Certificates

Certificates of attendance for 6 clock hours will be available for all participants.

Acknowledgments

We would like to thank Conference Chair Evan Sandok, MD, the conference planning committee, our speakers, volunteers, and our generous sponsors.

The Epilepsy Foundation of Central and Northeast Wisconsin will ensure that people with seizures are able to participate in all life experiences: and will prevent, control and cure epilepsy through research, education, advocacy and services. EFCNW is partially funded by seven United Way organizations in central Wisconsin.



ADVANCES IN EPILEPSY TREATMENT:

The Spectrum of Care

Friday May 7, 2010

8:30 a.m. - 4:30 p.m.

Froehlke Auditorium

1000 N. Oak Ave.

Marshfield, WI 54449

Made Possible By:

**Marshfield Clinic
GlaxoSmithKline**

XXIX

